



## Sub Themes

- PREVALENCE AND TRENDS OF SUBSTANCE USE AMONG HIGH SCHOOL AND COLLEGE STUDENTS
- SOCIO-ECONOMIC AND CULTURAL INFLUENCES ON SUBSTANCE USE AMONG STUDENTS
- THE ROLE OF FAMILY DYNAMICS AND PEER PRESSURE IN STUDENT SUBSTANCE USE.
- IMPACT OF LOCAL POLICIES AND LAW ENFORCEMENT ON SUBSTANCE USE IN EDUCATIONAL INSTITUTIONS.
- IMPACT OF ACADEMIC PRESSURE AND EXAMINATION STRESS ON STUDENT MENTAL HEALTH IN TAMIL NADU
- THE EFFECTS OF DIGITAL ADDICTION AND SOCIAL MEDIA ON MENTAL HEALTH AND ACADEMIC PERFORMANCE OF STUDENTS.
- MENTAL HEALTH SUPPORT AND COUNSELING SERVICES AVAILABLE TO STUDENTS IN TAMIL NADU: CHALLENGES AND OPPORTUNITIES
- MENTAL HEALTH DISTURBANCES AMONG SCHOOL CHILDREN.
- EMERGING CHALLENGES IN CHILD PSYCHIATRY
- REHABILITATION OF DRUG ADDICTED
- OTHERS



## About the Conference

Every year, the department of Social Work at Ananda College, Devakottai, marks World Mental Health Day by organizing an awareness rally to highlight the negative effects of substance abuse and its connection to mental illness. This year, we plan to approach the issue with a scientific perspective. The seminar, titled “Student Mental Health and Substance Use: A Growing Concern,” aims to educate the student community about the harmful impact of drug abuse among high school and college students. Research, such as that by Weitzman and Nelson (2004), has shown a strong link between alcohol use and increased rates of depression and anxiety among college students. Additionally, findings by Arria et al. (2008) suggest that students who misuse stimulants often perform poorly academically and suffer from negative mental health outcomes. This international conference on the topic will undoubtedly provide valuable insights into the harmful effects of drug use. It will also pave the way for social action to voice out the evil effects of drug abuse among the youth.


### To Contact Us



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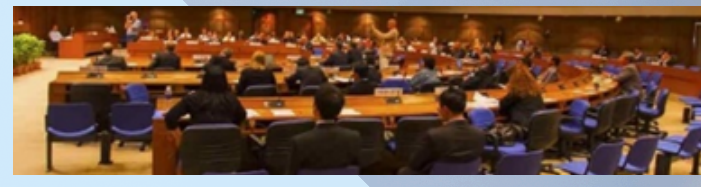
# ANANDA COLLEGE

Affiliated to Alagappa University  
Accredited with 'B' Grade by the NAAC.

## Department of Social Work

Organizes  
an  
**INTERNATIONAL  
CONFERENCE**  
on  
**Student Mental Health  
and Substance Abuse :  
A Growing Concern**

SMHSA- 2024  
**22.10.2024**  
Ananda Multimedia Hall A/C





## About the College:

Ananda College is a Catholic institution managed by the Roman Catholic Diocese of Sivagangai. It is an arts and science college accredited with 'B' Grade by the NAAC. It is located on the outskirts of Devakottai, along Highway 210 between Karaikudi and Devakottai. The college is named after Arulanadar (St. John De Britto), who is also the patron saint of the Sivagangai Diocese. Established in 2004, Ananda College is a minority, co-educational, and self-supporting institution. It spans a vast 25-acre campus within the jurisdiction of the Devakottai Municipality. The college's motto is "Shine in Love," and it offers around twelve departments covering various traditional disciplines. Most of the students at Ananda College come from rural backgrounds.

## About the Department:

The Department of Social Work at Ananda College was established in 2011. Ananda College was the first among all the affiliated colleges of Alagappa University to offer the MSW program, even before Alagappa University itself started its own MSW department. The department offers two specializations: Human Resource Management and Medical & Psychiatry. More than 100 trainees have graduated from the department and secured positions in various companies and organizations. The department has developed strong professional relationships with HR and psychiatric fieldwork agencies within the Sivagangai & Ramnad districts. It is known for achieving 100% placement rate compared to other departments in the college.

## Guidelines for Paper Submission:

- Only original and unpublished work is sought.
- The paper must be based on the Theme and Sub-themes of the Conference.
- Abstract & Full Paper should be submitted using a soft copy to the prescribed email ID.
- Paper Format: Single column, A4 Size, 1.5 line spacing.
- Font style: Times New Roman - for the body (size 12) and main headings and Titles (size 14 & Bold).
- The APA referencing style should be followed.
- The total word limit for the abstract should not exceed 150-200 words and each paper should not exceed 10 pages including all references.
- All the Presenters will be awarded a Certificate.
- The best paper will be awarded with a memento.

## Please ensure that the paper adheres to the following format

Introduction  
Review of Literature  
Objectives of the study  
Methodology  
Results & Discussions  
Implications of the study  
References (APA Format)  
Appendices (if applicable)

## Important Dates:

Last Date for Abstract:	30.09.2024
Last Date for Full Paper:	10.09.2024
Last Date for Registration:	20.10.2024
Conference Date	22.10.2024

Fee Payment

 **GPay 9486013487**

## Registration Link:

<https://forms.gle/J3KJRszfAYqSbrB26>

## Publication of the paper

All accepted papers (Abstract only) will be published in conference proceedings along with the ISBN.

Interested authors have the option to publish their entire paper in a google scholar indexed e-journal with additional charges..

**Registration Fee**  
**Students & Scholars Rs. 250**  
**Faculty : Rs. 500**

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